

# Opportunities timeline for postgraduate students

Create your own bespoke student journey –  
pick and mix from the wide range of opportunities we offer  
**Find out more at [www.reading.ac.uk/opportunities](http://www.reading.ac.uk/opportunities)**

## OPPORTUNITIES

### AT SPECIFIC TIMES OF THE YEAR



October



#### RUSU Elections

Boost your network and confidence whilst representing students' interests on your course, in your School and in your Students' Union



#### Partnerships in Learning & Teaching (PLanT)

Do you have an idea to enhance teaching and learning in your School/ Dept? Apply for funding to support your project.



January



#### RUSU Officer nominations

Nominate yourself for a full-time Officer role



### THROUGHOUT THE YEAR



#### RED Award

Get an employability skills certificate to recognise your extra-curricular engagement



#### Students in Schools

Spend a couple of hours a week helping a teacher in a primary or secondary school



#### Volunteering

Give something back to the community while developing your skillset



#### RUSU Clubs and societies

Broaden your experience or even take on a position of responsibility to enhance your CV



#### Learn a Language

Choose from ten different languages, to start as a beginner or at a more advanced level

### RUNNING THROUGHOUT THE YEAR

**We have lots of help and advice all year round, ready when you need it:**

**Life Tools:** interactive workshops to help develop your skills, such as building resilience and confidence

**Study Advice:** our professional team are available to develop your study skills and achieve academic success

**Maths Support:** our drop-in service is available to help with mathematical topics to support your studies

**Careers:** as well as running a range of employer events and fairs, you can also book a one-to-one appointment to discuss your career goals

**Henley Business School Careers:** support for HBS students

**Academic Tutor:** for advice relating to your academic progress, development, or study skills

**Togetherall:** a free, online support network, available 24/7

**Student Welfare Team:** here to help with personal difficulties such as homesickness, family, relationships, and issues related to drugs or alcohol, bullying and harassment

**Counselling & Wellbeing:** providing specialist mental health support

**RUSU's Advice Service:** offering free, confidential and independent advice on debt, welfare benefits, money, housing and academic matters

[www.reading.ac.uk/looking-after-yourself](http://www.reading.ac.uk/looking-after-yourself)