### Careers and employability timeline

<table>
<thead>
<tr>
<th>First Year</th>
<th>Middle Years</th>
<th>Final Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
</tbody>
</table>

| 1          | 1            | 1          |
| 2          | 2            | 2          |
| 3          | 3            | 3          |

- **First Year**
  - Register with My Jobs Online
  - Explore key resources e.g. 'What can I do with my degree?'

- **Middle Years**
  - Volunteering
  - RED Award
  - Attend Careers events to explore options and refine career identity
  - Undertake informational interviewing and use LinkedIn to build network to discover more about jobs
  - Attend careers events to build cv, applications, LinkedIn profile and interview skills
  - Reading Internship Scheme
  - Apply/attend Employer insight days

- **Final Year**
  - University Research Opportunitie Programme (UROP)
  - Thrive Career Mentoring
  - Internship and/or placement preparation and applications
  - Book a one-to-one careers appointment or mock interview with a Careers Consultant
  - Make graduate applications

- **Thrive Career Mentoring**
- **Reading Internship Scheme**

- **Sign up for external jobs sites such as Prospects, TargetJobs**