

CYCLING AT



University of
Reading



DR BIKE

Free maintenance check and minor repairs

- Palmer Quad
- 12:00–14:00 every Wednesday during semester time
- Simply turn up with your bike! First come, first served



CYCLE TRAINING

Free cycle training delivered by qualified instructors

- 12:00–18:00 every Wednesday during semester time
- Meet at cycle racks outside Palmer Building
- E-mail k.Robertson@reading.ac.uk to book your place



▶ Learn to Ride

13:00–14:00

Complete beginners:
Develop balancing skills, pedalling, steering and braking

▶ Rusty Riders

14:00–15:00

Refresh your skills and confidence mastering steering, signalling, gears and advice on UK roads

▶ Bike Commuting Skills and Tips

15:30–17:00 or 17:00–18:00

More advanced cycling techniques including road positioning and route planning

BIKE HIRE

Low-cost bike hire on campus with Unicycle

- Hire per semester or academic year
- Refundable deposit needed (includes D-lock and lights)
- Limited availability, enquire quickly!
E-mail k.Robertson@reading.ac.uk



CYCLE SAFETY

Low cost, good quality D-locks available via security window or purchase online first to collect via security using the QR code



Lock your bike properly! To a cycle stand, ideally using two locks. Scan the QR code to learn how to secure your bike correctly

Get a free security label from the security window to help identify your bike if it is stolen

- Use front and rear lights and wear high visibility clothing/strips.
- Share space safely and considerately. Use designated routes, use a bell and look out for pedestrians and other cyclists!
- Be aware and anticipate – vehicles/other road users may stop or turn quickly. Know your stopping distance and take care on wet and slippery surfaces

ENJOY cycling – it's quick, cheap, environmentally friendly and lots of fun!