Cycling is an excellent way to get around Reading. We have lots of facilities and offers to support every kind of cyclist from experienced cyclists to those looking to learn. If you choose to cycle, please ensure you follow our tips below to keep yourself, other road users and your bicycle safe and secure. Full details on our website.

BE SAFE, SEE AND CONSIDER

Keep yourself and others safe

• Join one of our fun cycle skills sessions. These are free and run at a variety of levels from tips for more efficient road cycling to complete beginners.

• Light up. It makes sense to ensure others can see you. It is also a legal requirement in the UK that you must have front and rear lights when cycling at night or you could be fined. This is equally important on campus to ensure pedestrians, other cyclists and road users can see you.

• Avoid pavement cycling. It is illegal to cycle on pavements unless they are designated cycle routes. These can be found by checking our map of cycle routes or asking in the Chaplaincy.

• Helmets. We recommend you always use a helmet when cycling.

Keep your bike safe and secure

Unfortunately, bike theft is an issue wherever you go in the world and our campuses are no exception. Secure your bike with a good quality D-lock. For extra security use two locks. Cable locks can be cut in seconds. Quality D-lock.

For more information visit the University Travel Plan by following the link to our biannual travel surveys and avoiding use of single-occupancy vehicles wherever possible.

Cycling tips continued overleaf
For travel info and offers check out our webpage:
www.reading.ac.uk/sustainability/travel/offers